

APPLE & CINNAMON BANANA BREAD

Ingredients: Banana (20%), **Wheat** Flour [Contains Vitamins (Thiamin, Folate)], Canola Oil, Sugar, Whole **Egg**, Light Sour Cream [Pasteurised Cream (From **Milk**), Culture), Apple (9%), Cinnamon (1%), Baking Powder {Contains Acidity Regulator (450), Raising Agent (500), **Wheat** Flour [Contains Vitamin (Thiamin)]}, Raising Agent (500), Iodised Salt.

NUTRITIONAL INFORMATION			
Servings per package:	10.00		
Serving Size:	100 g		
	Average Quantity per/ Serving	Average Quantity per/ 100 g	RDI%
Energy	1420 kJ	1420 kJ	17
Protein	5.3 g	5.3 g	11
Fat total	15.6 g	15.6 g	23
-saturated	2.6 g	2.6 g	12
Carbohydrate	43.5 g	43.5 g	14
-sugars	24.5 g	24.5 g	28
Sodium	196 mg	196 mg	9
Potassium	136 mg	136 mg	5
Folic Acid	119 ug	119 ug	30
Dietry Fibre	2.0 mg	2.0 mg	7