

BANANA BREAD

Ingredients: Banana (26%), **Wheat** Flour [Contains Vitamins (Thiamin, Folate)], Canola Oil, Sugar, Whole **Egg**, Light Sour Cream [Pasteurised Cream (From **Milk**), Culture), Baking Powder {Contains Acidity Regulator (450), Raising Agent (500)}, **Wheat** Flour [Contains Vitamin (Thiamin)]}, Raising Agent (500), Iodised Salt.

NUTRITIONAL INFORMATION			
Servings per package:	10.00		
Serving Size:	100 g		
	Average Quantity per/ Serving	Average Quantity per/ 100 g	RDI%
Energy	1467 kJ	1467 kJ	17
Protein	5.0 g	5.0 g	10
Fat total	15.1 g	15.1 g	22
-saturated	2.0 g	2.0 g	9
Carbohydrate	47.5 g	47.5 g	16
-sugars	25.9 g	25.9 g	29
Sodium	215 mg	215 mg	10
Potassium	152 mg	152 mg	5
Folic Acid	116 ug	116 ug	30
Dietry Fibre	2.0 mg	2.0 mg	7