

BLUEBERRY BANANA BREAD

Ingredients: Banana (20%), **Wheat** Flour [Contains Vitamins (Thiamin, Folate)], Canola Oil, Sugar, Whole **Egg**, Light Sour Cream [Pasteurised Cream (From **Milk**), Culture), Blueberry (10%), Baking Powder {Contains Acidity Regulator (450), Raising Agent (500)}, **Wheat** Flour [Contains Vitamin (Thiamin)]}, Raising Agent (500), Iodised Salt.

NUTRITIONAL INFORMATION			
Servings per package:	10.00		
Serving Size:	100 g		
	Average Quantity per/ Serving	Average Quantity per/ 100 g	RDI%
Energy	1164 kJ	1164 kJ	14
Protein	5.0 g	5.0 g	10
Fat total	12.1 g	12.1 g	18
-saturated	2.1 g	2.1 g	9
Carbohydrate	36.6 g	36.6 g	12
-sugars	24.4 g	24.4 g	28
Sodium	224 mg	224 mg	10
Potassium	136 mg	136 mg	5
Folic Acid	115 ug	115 ug	29
<u>Dietry</u> Fibre	1.2 mg	1.2 mg	4