

PEAR & RASPBERRY BANANA BREAD

Ingredients: Banana (20%), **Wheat** Flour [Contains Vitamins (Thiamin, Folate)], Canola Oil, Sugar, Whole **Egg**, Light Sour Cream [Pasteurised Cream (From **Milk**), Culture), Raspberry (6%), Pear (5%), Baking Powder {Contains Acidity Regulator (450), Raising Agent (500), **Wheat** Flour [Contains Vitamin (Thiamin)]}, Raising Agent (500), Iodised Salt

NUTRITIONAL INFORMATION			
Servings per package:	10.00		
Serving Size:	100 g		
	Average Quantity per/ Serving	Average Quantity per/ 100 g	RDI%
Energy	1388 kJ	1388 kJ	16
Protein	5.0 g	5.0 g	10
Fat total	12.7 g	12.7 g	19
-saturated	2.1 g	2.1 g	9
Carbohydrate	48.0 g	48.0 g	16
-sugars	25.7 g	25.7 g	29
Sodium	227 mg	227 mg	10
Potassium	137 mg	137 mg	5
Folic Acid	124 ug	124 ug	31
Dietry Fibre	2.1 mg	2.1 mg	7